

## DEXASCAN INSTRUCTIONS

Your physician has ordered a "Dexascan", also known as a Bone Scan. This is a screening tool to measure the density of your bones. The results are known as a "T-Score".

This test will indicate the possible risk of a future fracture,

It is a painless quick procedure which will take approximately 30 minutes.

### DIRECTIONS:

1. Discontinue vitamins, calcium supplements, Evista, Actonel, Fosamax and Viactive, 36 hours prior to the appointment.
2. Clothing - No Metal on clothing, no zippers, snaps or metal tags. For women, no underwire bras. If at all possible, sweat clothes would be preferred.

Your appointment for the dexascan is scheduled for

\_\_\_\_\_ @ \_\_\_\_\_ AM/PM